Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Who is Patsy Rodenburg and what are her contributions to acting?

What is First Circle?

* What direction is energy being transferred?
* How far does the energy you send out go?
* What position is the spine usually in?
* Why might you use this energy for a character?

What is Third Circle?

* What direction is energy being transferred?
* How far does the energy you send out go?
* What position is the spine usually in?
* Why might you use this energy for a character?

What is Second Circle?

* What direction is energy being transferred?
* How far does the energy you send out go?
* What position is the spine usually in?
* Why might you use this energy for a character?

How can you tell that someone is in Second Circle while performing? How does it impact their performance?

Why would you use each of the three circles in life? Why are each necessary? Which circle do you typically live in?