**SECOND CIRCLE, FINAL WRITTEN ASSESSMENT**

Who is Patsy Rodenburg and what are her contributions to acting?

What is First Circle?

* What direction is energy being transferred?
* How far does the energy you send out go?
* What position is the spine usually in?
* Why might you use this energy for a character?

What is Third Circle?

* What direction is energy being transferred?
* How far does the energy you send out go?
* What position is the spine usually in?
* Why might you use this energy for a character?

What is Second Circle?

* What direction is energy being transferred?
* How far does the energy you send out go?
* What position is the spine usually in?
* Why might you use this energy for a character?

How can you tell that someone is in Second Circle while performing? How does it impact their performance?

Why would you use 1st, 2nd, and 3rd circle in life? Why are each necessary? Which circle do you typically live in?

Reflect on your Sonnet performance. On a scale of 1-5 (1-not at all, 5-fully present) how present were you during the performance? This is in regards to your body, breath, voice, and connection with your imaginary partner.

After giving yourself a score, justify why you gave yourself that score.

Reflect on sitting in Second Circle with another person. What was it like to be present with another person? What was challenging, what was rewarding? How can being in Second help you in life?