Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Gym Observations

You are on a mission, should you choose to accept it, to observe how the body moves. The categories on this sheet are to start you thinking about specific body movements. You may observe one person for each category or the same one the whole time. Make some notes on what you see. You will be turning this in.

**Walk:**

**Run:**

**Posture and Stance:**

**Arm Use:**

**Hand Use:**

**Facial Expressions:**