Where to put my Highlights and Shadows?

FOREHEAD

* Highlight in bottom of wrinkle
* Shadow in wrinkle on top

NASALABIAL FOLDS *(the smile lines and up by the nose)*

* Highlight on side of lips
* Shadow on side of cheek
* Highlight cheeks (cheek bones)

EYES (*Where most people age first)*

* Crows Feet – highlight on bottom, shadow inside wrinkle on top
* Pouches – misty violet on line blending into center, add shadow
* Bridge – highlight into center of nose, shadow on outside of face

CHIN

* Divet – highlight under impression and below lip, shadow in impression
* Lips – pucker lips and pat on Old Age Foundation
* Jowls – highlight on chin-line, shadow underneath jaw-line

NATURAL SHADOWS

* Temples
* Hollow of cheeks

HIGHLIGHT AND SHADOW MNEMONIC DEVISE:

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